

Welcome!

Entry Task:

On your sticky note, respond to the following:

- *One thing you want to try in high school.*
- *What would make it easier for you to succeed?*
- *What roadblock might get in your way?*

CHARTING YOUR COURSE

Naviance Student

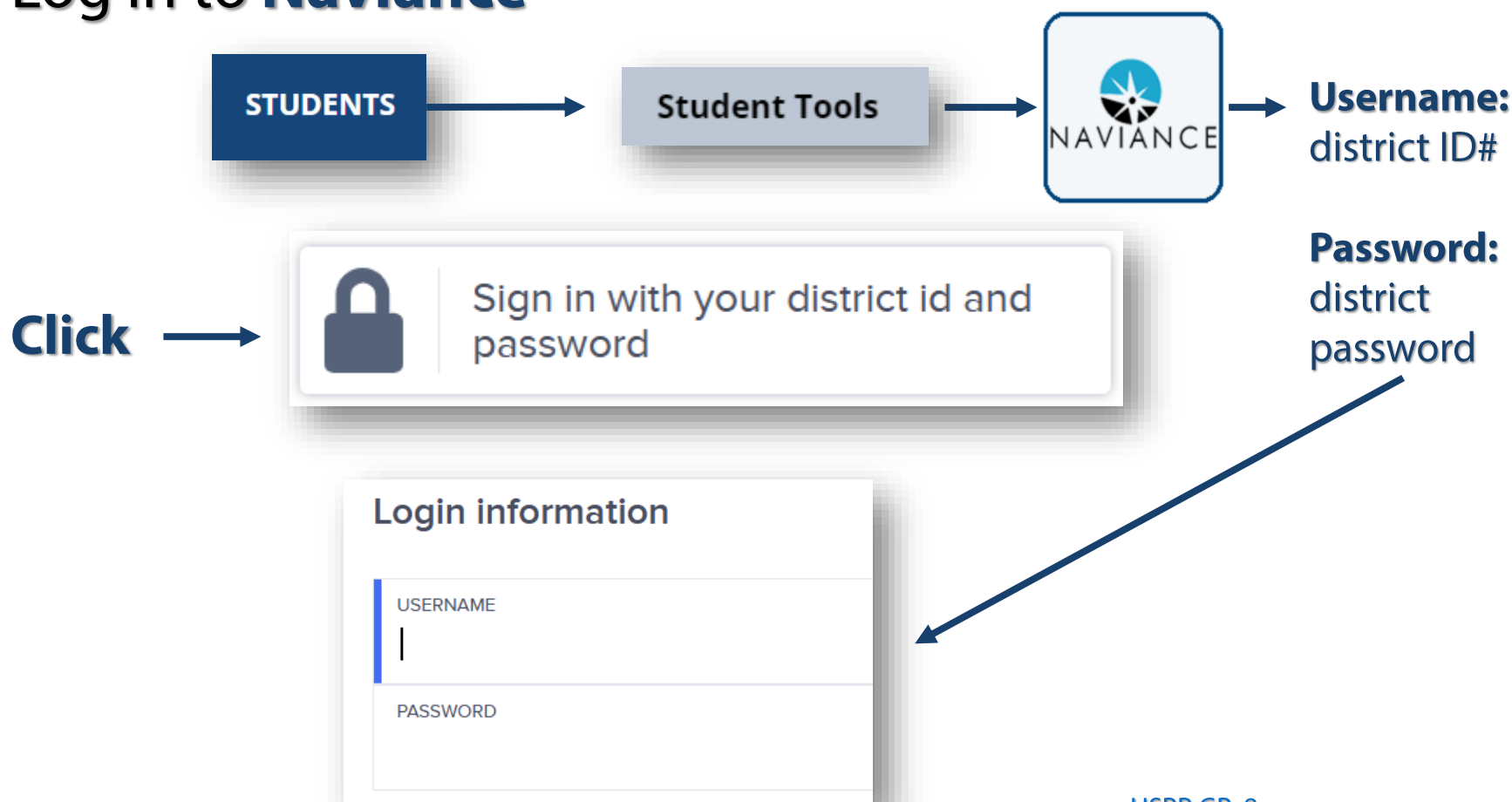
Pursuing My Goal

Factor: something that can **influence** my path to my goal

Positive Factors	Negative Factors
Things (such as thoughts, beliefs, events, situations, or people) that contribute to your chances of achieving your goals. Examples: encouragement from friends, help from teachers, growth mindset	Things (such as thoughts, beliefs, events, situations, or people) that contribute to your chances of achieving your goals. Example: lack of support from others, stress, fixed mindset

Naviance Student

Log in to Naviance



Goals and Your Future

Click on **Careers** and **RoadTrip Nation** Interview Archive

Click **Leaders**

Leaders

Click **W**

W

Scroll to **Ward Hessig** and click on

Ward Hessig

Watch



Don't 'What If'
Yourself To Death
Video

Positive vs. Negative Factor

Video Review: What are some positive and negative factors were talked about in the video?

Positive Factors	Negative Factors
Things (such as thoughts, beliefs, events, situations, or people) that contribute to your chances of achieving your goals.	Things (such as thoughts, beliefs, events, situations, or people) that contribute to your chances of achieving your goals.
Examples: encouragement from friends, help from teachers, growth mindset	Example: lack of support from others, stress, fixed mindset

YOUR 8TH GRADE GOAL


Goal Ideas

Time Management	Study Skills	Work Completion
I will write assignments and/or homework down so I remember	I will set aside time to study prior to a test/quiz	I will complete my work when time in class is given
I will find time and/or place to complete homework after school	I will make sure I know <u>what</u> to study when the teacher tells the class of an upcoming quiz/test	I will remember to write down due dates for assignments and projects
I will try to use extra time in class to reduce my amount of homework	Ask the teacher for additional help some if I am unsure or confused on some things	I will make sure I know where to locate assignments quickly when I need to turn them in
I will get up early enough so I arrive to class on time and am prepared with the supplies I need	Create study aids like flashcards or use online apps like Quizlet to help me prepare for a test/quiz	If I am absent, I will contact my teachers about assignments and ask for additional help/time if needed

Review the S.M.A.R.T Goal Criteria

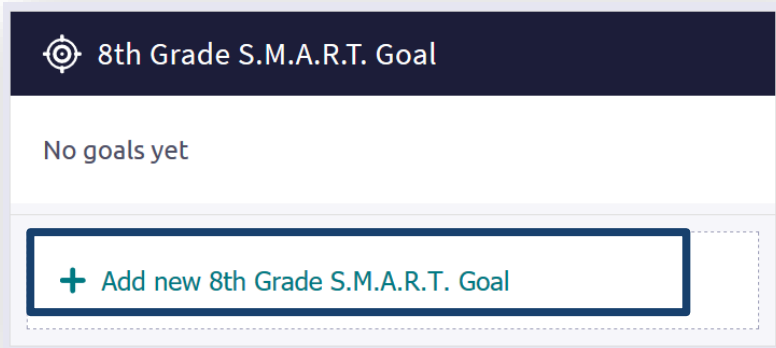
Remember a ***goal***
without a plan is just
a wish... Antoine De Saint-Exupery

Make sure you create a
S.M.A.R.T 8th Grade Goal



S PECIFIC	What <u>exactly</u> is it you want to achieve?
M EASURABLE	How can you measure and track the progress of the goal?
A TTAINABLE	Is it actually attainable in the given time frame?
R ELEVANT	Is it something that you really want to do? Will it directly benefit you?
T IME BOUND	When do you want to achieve this goal by?

8th Grade S.M.A.R.T Goal



8th Grade S.M.A.R.T. Goal

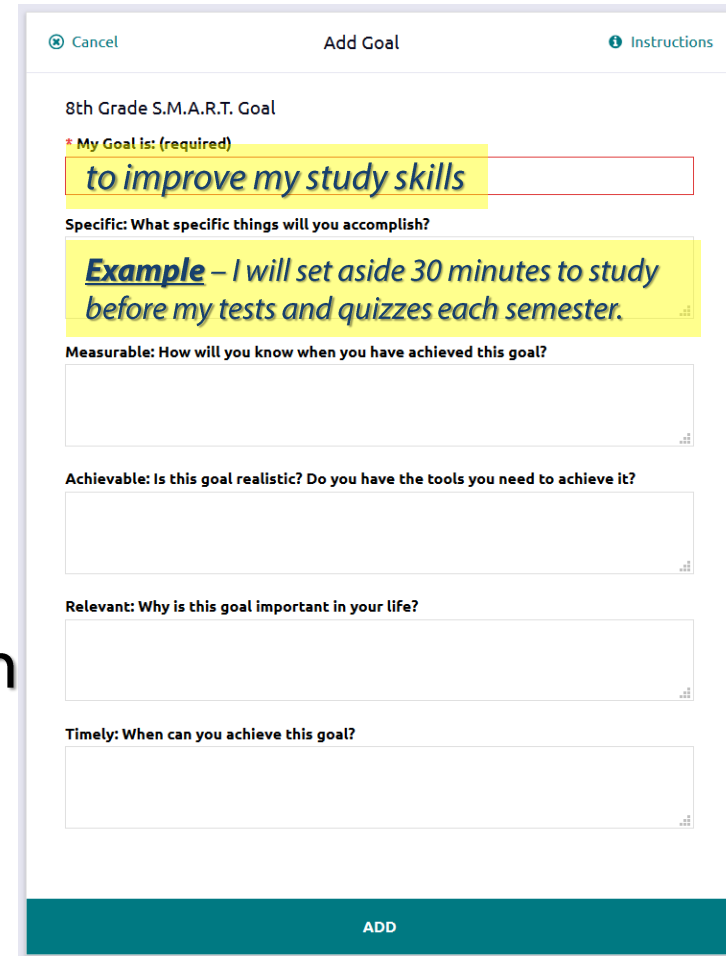
No goals yet

+ Add new 8th Grade S.M.A.R.T. Goal

Click to add your new **8th Grade S.M.A.R.T Goal.**

Add specific and detailed information in each section to complete your **S.M.A.R.T Goal.**

Click the **Add** button. →



Cancel Add Goal Instructions

8th Grade S.M.A.R.T. Goal

* My Goal is: (required)

to improve my study skills

Specific: What specific things will you accomplish?

Example – I will set aside 30 minutes to study before my tests and quizzes each semester.

Measurable: How will you know when you have achieved this goal?

Achievable: Is this goal realistic? Do you have the tools you need to achieve it?

Relevant: Why is this goal important in your life?

Timely: When can you achieve this goal?

ADD

Time for Action!

With your new goal you will be prompted to create at least one action step.

Click **+Define your next step**

In the box provided, type one thing you plan to do in the next 1-2 weeks that will help you achieve your goal.

Click **Add**

You will now see your action steps as **To-do's**.

Next steps:

💎 This looks like a great goal! Now, it's time to think about what steps you are going to take to achieve it.

+ Define your next step

Cancel

Add To-Do

* To-Do

Start typing

140 characters

Associated with a goal or task

to

Priority



HIGH



MEDIUM



LOW

Due date:

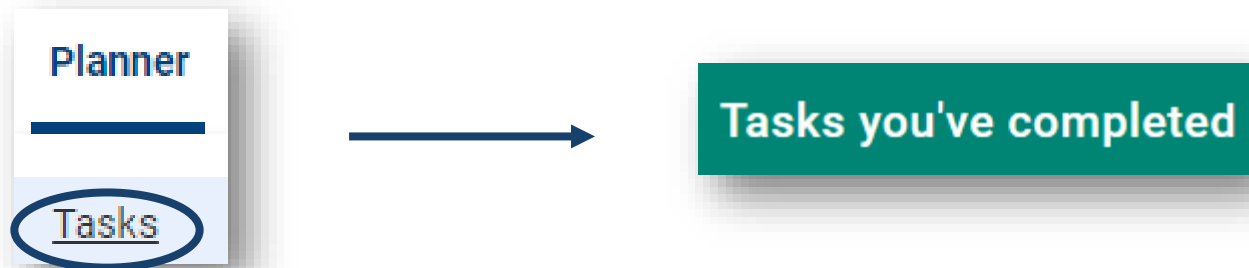
Select date (optional)

ADD

COMPLETE THE LESSON...

Complete the Lesson Task...

To complete the lesson, click **Planner** > **Tasks**. Make sure that the **Create an 8th Grade S.M.A.R.T Goal** is listed under **Completed Tasks**.



Naviance Questions?

If you have any questions, please contact naviance@everettsd.org.

Be sure to provide your first, last name and the name of your school.

To check messages sent to you through Naviance *Student*, login and click the icon for your **messages** in the upper-right corner.

